

BowFlex Max Trainer SE: Resistance Calibration

ID: 15854.1

Important!

- Resistance must be re-calibrated after replacing the resistance sensor and/or base hub.
- It is ok to stand on the pedals, but during calibration, no one should be pedaling the machine.

Common applications:

- Calibrate resistance after replacing the resistance sensor
- Calibrate resistance after replacing the base hub
- Troubleshooting resistance issues

Tools used in this guide: None

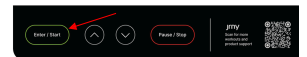
Estimated time to complete: Less than 5 minutes

Let's get started!

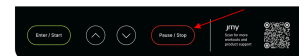
Calibrating the resistance

1. Plug your machine into power; while your machine is powering up, press and hold the **Enter/Start** button for **3 seconds** to go into the Console Setup Mode (System Menu).
2. The Console display shows the System Units prompt with the current setting; press the **Enter/Start** button **6 times** to advance through the System Menu.
3. The Console display shows the Hardware Variant & Console Firmware Version; press and hold the **Pause/Stop** button for **3 seconds** to go into the Manufacturing Test Menu.
4. The Console display shows the START TEST SUITE menu option; press the **Down** button **2 times** to advance to the **AUTO CAL_RESISTANCE** (Automated Calibrate Resistance) option.
5. Complete the resistance calibration procedure:
 - a. Press the **Enter/Start** button to begin the calibration.
 - b. The console will display changing text and numbers for approximately 30 seconds as the servo motor moves.
 - c. The console display will change to "CNFRM C4095 AGC xx".
 - d. Push the **Enter/Start** button to confirm and save the resistance calibration values.
 - e. The display will momentarily change to "SAVING CAL", then display "AUTO CAL_RESISTANCE".
 - f. Calibration is complete, and settings will take effect the next time the machine is power cycled.
6. Power cycle the machine by disconnecting and reconnecting the power cord.
7. If directed to this procedure during troubleshooting, return to the original guide for any additional steps that may be needed.

Steps 1 - 2



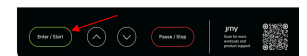
Step 3



Step 4



Step 5



Need additional assistance?

1 Customer Care Contact Information

Please contact Customer Care at [1-800-605-3369](tel:1-800-605-3369) for additional help or to order replacement parts. Some replacement parts may also be available for purchase [online here](#). A list of part numbers referenced within this guide can be located at the bottom of this page.

Customer Care - Hours of Operation:
Monday - Friday 6:00am - 5:00pm PST

*The replacement part will be provided to you at no cost assuming your machine meets the warranty eligibility requirements. A Customer Care Agent will be able to assess your current warranty eligibility and provide you with your options.
Please note that if you did not purchase your machine directly from BowFlex, Schwinn, or Nautilus, we will need a copy of your purchase receipt in order to register your machine for warranty.*

2 Contact Tech Team / Advanced Troubleshooting

If the issue was not resolved in the steps listed, contact the Tech Team or send an Advanced Troubleshooting case.

Submit a Case with case type Advanced Troubleshooting