

BowFlex Max Trainer SE: Handlebar Assembly feels loose

ID: 15514.1

Common issue descriptions:

- Handlebar Assembly feels loose
- Handlebar Assembly has some free play/movement
- Stic Handlebar moves/wobbles/wiggles
- Difficulty assembling the Handlebar

Tools used in this guide: 5mm Allen wrench

Estimated time to complete: Approximately 5 minutes

Let's get started! We will check each of the components below (in order) to determine which is causing the issue.

1. [Handlebar Assembly hardware](#)

Check the Handlebar Assembly hardware

<i>Tools Required:</i>	<i>Estimated Time to Complete:</i>	<i>Service Manual Procedure:</i>
5mm hex key/Allen wrench	5 minutes	Assembly Manual

1. There are three bolts that secure the Handlebar Assembly on your Max Trainer.

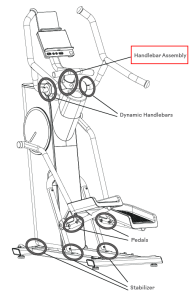
- One bolt is installed on either side of the Handlebar Assembly.
- One bolt is centered between the side bolts, facing you.
- A plastic plug is installed over each bolt during assembly.

2. If the plastic plugs are already installed, let's pull them out of the Handlebar to expose the hardware.

3. Using a 5mm Allen wrench, fully tighten all three bolts identified in Step 1. We want to make sure the middle bolt (the one facing you) is tight - this bolt is easy to miss during assembly and helps prevent unwanted forward/backward movement.

4. Test if the Handlebar Assembly still feels loose. If the issue is resolved, we can reinstall the plastic plugs over the hardware [\[15514.A\]](#).

Step 1



Need additional assistance?

1 Customer Care Contact Information

Please contact Customer Care at 1-800-605-3369 for additional help or to order replacement parts. Some replacement parts may also be available for purchase [online here](#). A list of part numbers referenced within this guide can be located at the bottom of this page.

Customer Care - Hours of Operation:
Monday - Friday 6:00am - 5:00pm PST

The replacement part will be provided to you at no cost assuming your machine meets the warranty eligibility requirements. A Customer Care Agent will be able to assess your current warranty eligibility and provide you with your

options.

Please note that if you did not purchase your machine directly from BowFlex, Schwinn, or Nautilus, we will need a copy of your purchase receipt in order to register your machine for warranty.

2 Contact Tech Team / Advanced Troubleshooting

If the issue was not resolved in the steps listed, contact the Tech Team or send an Advanced Troubleshooting case.

Submit a Case with case type Advanced Troubleshooting