

# BowFlex HVT: Noises - Squeaking

ID: 13943.1

Follow this troubleshooting guide to help resolve noise issues on the BowFlex HVT.

Some common complaints may include:

- Squeaking noises

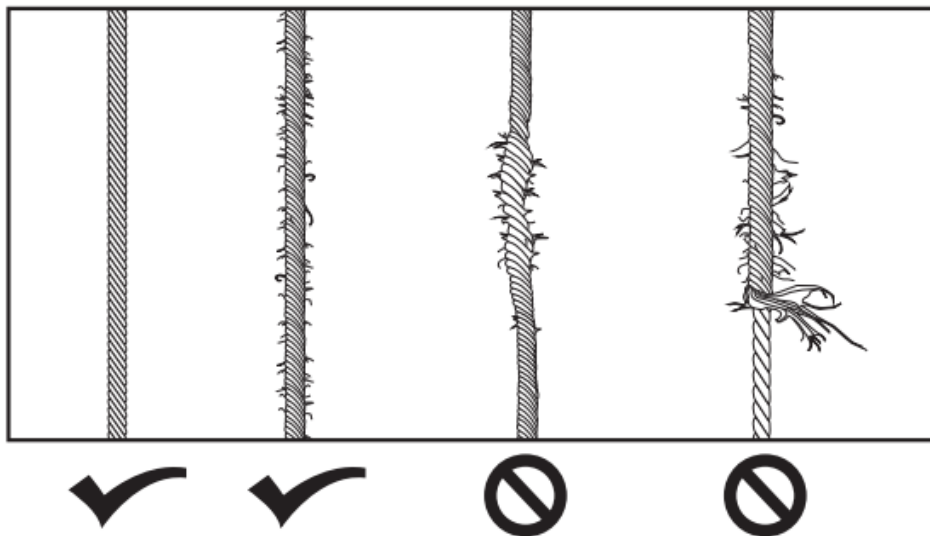
## Follow these steps to troubleshoot the issue

Tools you may need:

Phillips head screwdriver

1. Inspect the ropes' condition according to the "Maintenance" section of the **owner's manual**. The ropes may have some "fuzziness" to them, but should not appear frayed or bare (**reference 1**). If the ropes are damaged [order a Lower Left, Lower Right, or Upper Rope](#) (whichever rope is affected) [\[13943.A\]](#).

### (Reference 1)



The ropes should be in good working condition. The left two examples are ropes in good condition; some "fuzziness" is typical due to normal wear and tear. The right two examples show excessive wear and tear and should be replaced.

2. If the issue persists, check for rope twisting. Please visit [BowFlex HVT: How do I fix twisted ropes?](#) for troubleshooting issues with the ropes (twisting, tangles, and issues pulling/retracting).
3. If the issue persists, inspect the pulleys for damage and make sure they are in place. Use a Phillips head screwdriver to remove the console assembly and upper and lower front shrouds (**reference 2**). Inspect all pulleys and ropes for damage (fraying, tangling that cannot be detangled, breaks, etc.). If a rope is damaged, [order a Lower Left, Lower Right, or Upper Rope](#) (whichever rope is affected) [\[13943.B\]](#).

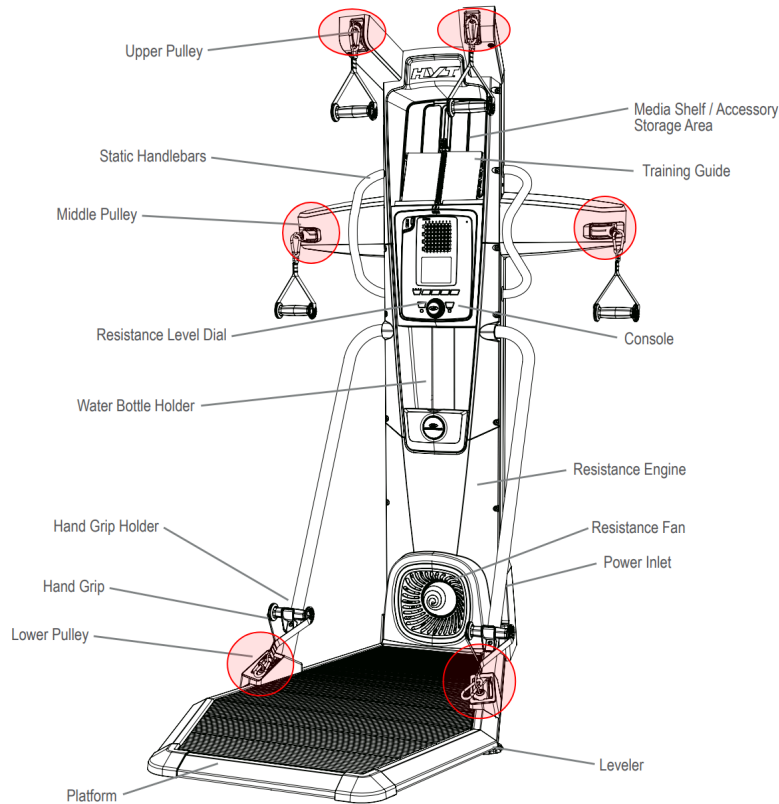
### (Reference 2)



Click to expand. Remove the front shrouds to inspect the pulleys.

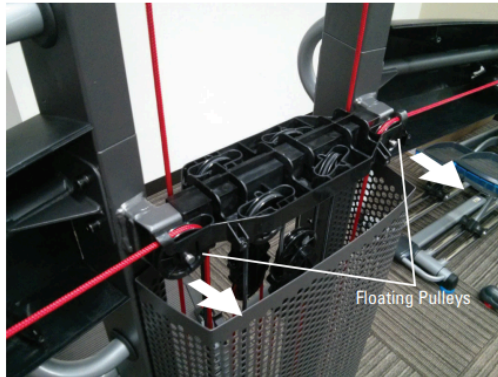
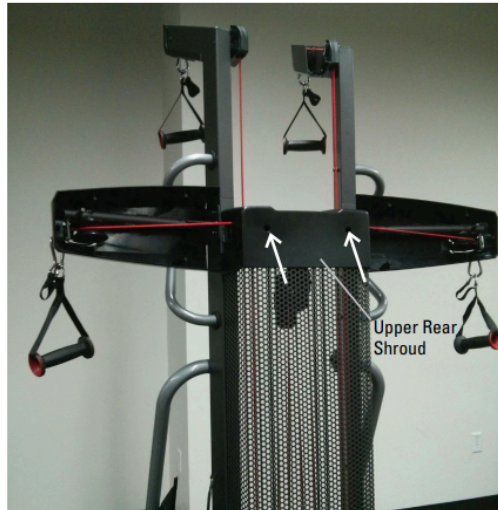
4. If the rope is tangled, refer to the "Replace the Lower Left Rope", "Replace the Lower Right Rope", and "Replace an Upper Rope" sections of the [service manual](#) for instructions on detaching the ropes so you can detangle and reroute the ropes [\[13943.C\]](#). If the pulleys are damaged, [order a Pulley](#) for the applicable pulley ([references 3 through 6](#) to help identify which pulley) [\[13943.D\]](#).

**(Reference 3)**



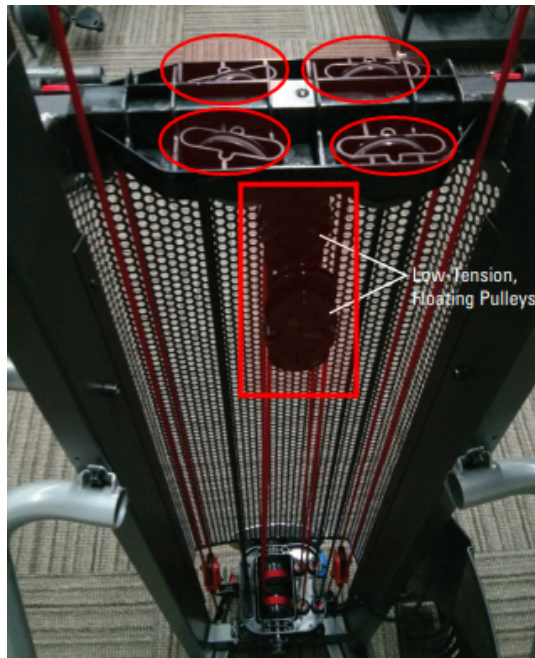
Click to expand. The red circles indicate the locations of Deep V Pulleys.

**(Reference 4)**



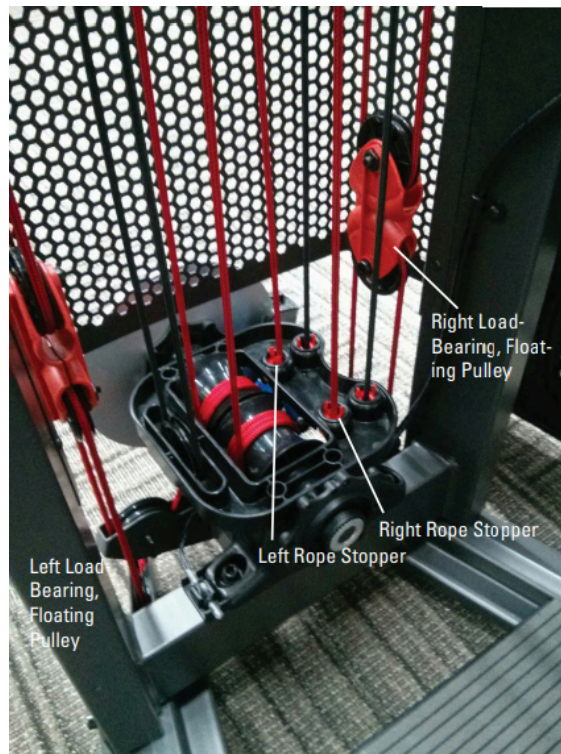
*Click to expand. The Floating Pulley positions are labeled.*

**(Reference 5)**



*The red circles indicate the location of the Plain Bearing Pulleys. The red square indicates the location of the Low Tension Floating Pulleys.*

**(Reference 6)**



Click to expand. The Load Bearing Floating Pulley positions are labeled.

4. If the noise persists, check the hardware on the floating pulleys. Use a Phillips head screwdriver to tighten the hardware as needed and test if the noise persists [\[13943.E\]](#). If you can isolate the noise to any pulley in particular, [order a Pulley](#) for the applicable pulley (**references 3 through 6** above to help identify which pulley) [\[13943.F\]](#).

**Need to order replacement parts?**

1 Parts Reference Table

<i>Part Description</i>	<i>Part SKU</i>
<b>Deep V Pulley</b>	<b>8013426</b>
<b>Floating Pulley</b>	<b>8010990</b>
<b>Floating Pulley, Load Bearing</b>	<b>8011106</b>
<b>Floating Pulley, Low-Tension</b>	<b>8011108</b>
<b>Lower Left Rope</b>	<b>8011760</b>
<b>Lower Right Rope</b>	<b>8011759</b>
<b>Plain Bearing Pulley</b>	<b>8011095</b>

<b>Upper Rope</b>	<b>8011758</b>
-------------------	----------------

## 2 Contact Tech Team / Advanced Troubleshooting

***If the issue was not resolved in the steps listed, contact the Tech Team or send an Advanced Troubleshooting case.***

**Submit a Case with case type Advanced Troubleshooting**