

BowFlex HVT: I'm having issues with the resistance of my ropes ID: 13327.1

Follow this troubleshooting guide to help resolve resistance issues on the BowFlex HVT.

Some common complaints may include:

- Machine is too difficult to use
- Machine is too easy to use
- No resistance
- Can't pull ropes

Follow these steps to troubleshoot the issue

1. Power cycle your machine and see if the console turns on. Unplug the power cord from your machine and plug it back in. If the console does not turn on, please visit [BowFlex HVT: Why is there no power to my machine or console?](#) to continue troubleshooting.
2. If the console turns on, please visit [BowFlex HVT: My rope is tangled or not moving on the pulley properly!](#) to continue troubleshooting in the "All other rope issues" section.

Need to order replacement parts?

1 Contact Tech Team / Advanced Troubleshooting

If the issue was not resolved in the steps listed, contact the Tech Team or send an Advanced Troubleshooting case.

Submit a Case with case type Advanced Troubleshooting