

BowFlex Results Series Ellipticals - Button (Key) Test

ID: 12713.1

"Procedure 3"

Applicable for elliptical models: BXE116, BXE216

Follow these steps to test the buttons on your Results Series Elliptical

1. From the **Welcome** (or **Power Up**) screen, hold down the **PAUSE/STOP** button and **Down** arrow button together for 3 seconds to enter **Console Setup Mode**.
2. The console will display the **TOTAL HOURS** screen.
3. Hold down the **PAUSE/STOP** button and **Down** arrow button together for 3 seconds to enter **Engineering Mode**.
4. Push the **Down** arrow button until the console displays **ENTR KEY TEST**.
5. Push the **Enter** button. The console displays **BUTTON TEST**.
6. Using the guides below, push the corresponding button in the order provided (**references 1 and 2**). Continue through all the buttons.
 - o **NOTE:** If a failed button is discovered, the console may need to be powered down to exit the button test.
7. When the button test is complete, the console will display **DONE**, followed by **BUTTON PASS**.
8. Push the **PAUSE/STOP** button to return to the **Welcome** screen.
9. Flip the power switch to **OFF**.

(Reference 1)

E116 Button Sequence

1	Incline 15	14	Strength	27	Up Arrow
2	Incline 12	15	Custom	28	Left Arrow
3	Incline 9	16	Resistance 1	29	User
4	Incline 6	17	Resistance 3	30	Volume
5	Incline 3	18	Resistance 6	31	Start
6	Incline 1	19	Resistance 9	32	Incline +
7	Manual	20	Resistance 15	33	Incline -
8	Fat Burn	21	Resistance 25	34	Resistance +
9	Calorie Burn	22	Stop	35	Resistance -
10	Calorie Goal	23	Fan		
11	Heart Rate	24	Down Arrow		
12	8 Minute Interval	25	Enter		
13	16 Minute Interval	26	Right Arrow		

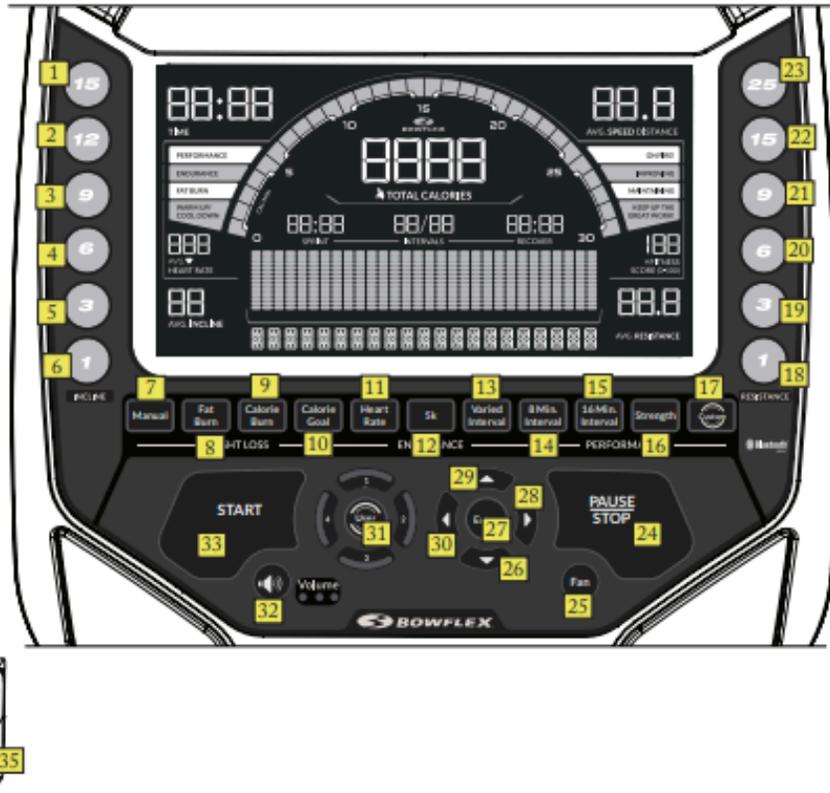


Press each button in order from 1 to 35 on the BXE116 Elliptical.

(Reference 2)

E216 Button Sequence

1	Incline 15	14	8 Minute Interval	27	Enter
2	Incline 12	15	16 Minute Interval	28	Right Arrow
3	Incline 9	16	Strength	29	Up Arrow
4	Incline 6	17	Custom	30	Left Arrow
5	Incline 3	18	Resistance 1	31	User
6	Incline 1	19	Resistance 3	32	Volume
7	Manual	20	Resistance 6	33	Start
8	Fat Burn	21	Resistance 9	34	Incline +
9	Calorie Burn	22	Resistance 15	35	Incline -
10	Calorie Goal	23	Resistance 25	36	Resistance +
11	Heart Rate	24	Stop	37	Resistance -
12	5K	25	Fan		
13	Varied Interval	26	Down Arrow		



Press each button in order from 1 to 37 on the BXE216 Elliptical.

Need additional assistance?

1 Customer Care Contact Information

Please contact Customer Care at **1-800-605-3369** for additional help or to order replacement parts. Some replacement parts may also be available for purchase [online here](#). A list of part numbers referenced within this guide can be located at the bottom of this page.

Customer Care - Hours of Operation:
Monday - Friday 6:00am - 5:00pm PST

The replacement part will be provided to you at no cost assuming your machine meets the warranty eligibility requirements. A Customer Care Agent will be able to assess your current warranty eligibility and provide you with your options.

Please note that if you did not purchase your machine directly from BowFlex, Schwinn, or Nautilus, we will need a copy of your purchase receipt in order to register your machine for warranty.

2 Contact Tech Team / Advanced Troubleshooting (TM/TC)

If the issue was not resolved in the steps listed, contact the Tech Team or send an Advanced Troubleshooting case.

Submit a Case with case type **Advanced Troubleshooting**

Use these procedures as needed to gather more information to create the case:

Results Series Treadmills Procedures

Treadmill 7 Procedures

Treadmill 10 Procedures

Treadmill 22 Procedures

MY14/17 Treadmill Procedures